



Certificate in Understanding Mental Health Level 3

Course Name	Start Date	End Date	Site	Total Fees
Certificate in Understanding Mental Health Level 3			None	

Course Overview

This qualification will:

- focus on the study of mental health and mental well-being to support different occupational areas
- offer breadth and depth of study, incorporating a key core of knowledge and understanding.

The objectives of this qualification are to help learners to understand:

- mental health legislation, services and public attitudes and how these have evolved
- how to support mental well-being through various stages of life
- mental ill health, treatment options available and the potential consequences of mental ill health
- the skills required to work in a mental health service.

What are the entry requirements? Be 19+ Don't currently hold a level 3 qualification Have lived in the UK for 3+ years

What Qualifications Or Experience Do I Need?

There are no previous entry requirements for this qualification. As this is a Distance Learning programme, you must be able to commit some spare time to work on your assessments in between your tutorials.

How Long Is The Course?

12 weeks

What Will I Learn?

To be awarded the Level 3 Certificate in Understanding Mental Health, learners are required to successfully complete 5 mandatory units:

- Unit 01 Understanding the context of mental health and wellbeing
- Unit 02 Promotion of mental health and wellbeing
- Unit 03 Mental health problems: associated issues and consequences
- Unit 04 Understanding mental ill health
- Unit 05 Working in mental health.

How Will I Learn?

By reading the course material.

How Will I Be Assessed?

Alongside the learning materials, you will have the support of a knowledgeable assessor/tutor who will give you advice and guidance on the course content as well as providing robust feedback on the work you complete.

Attendance Mode

Distance Learning

Course Type

Full Time & Part Time

Subject Area

DL